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# Short Term Mission Trip Travel Information Booklet

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194 Sunset Dr.  
Clay City, KY 40312  
Phone: 606-663-3459  
Fax: 606-663-2175  
Email: [lifelinemb@bellsouth.net](mailto:lifelinemb@bellsouth.net)  
Web Site: [www.childrenslifeline.com](http://www.childrenslifeline.com)

# Children's International Lifeline

## Short Term Mission Trip Registration Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Gender: \_\_\_\_\_ DOB: \_\_\_\_\_

Full legal name as it appears on your passport: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Shirt Size: (Circle one - Adult sizes) **S M L XL XXL**

Date of trip: \_\_\_\_\_ Number of persons in group: \_\_\_\_\_

Name of group leader: \_\_\_\_\_

Passport Number: \_\_\_\_\_ Country of Issue: \_\_\_\_\_

Issue Date: \_\_\_\_\_ Date of Expiration: \_\_\_\_\_

Church: \_\_\_\_\_ Pastor: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

In case of emergency, contact (other than person travelling): \_\_\_\_\_

*(This person will also be the beneficiary for the medical insurance issued for the team member.)*

Relationship of contact: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

## Short Term Mission Trip Registration Form Page 2

Do you have any medical conditions which may affect/limit your activities? \_\_\_\_\_  
\_\_\_\_\_

What are your reasons for going on this short term mission trip? \_\_\_\_\_  
\_\_\_\_\_

Do you have any particular skills or gifts which may be of value on this trip? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you sponsor a Lifeline Child?    YES     NO

If so please fill in the following information:

Your child name: \_\_\_\_\_

Child number: \_\_\_\_\_ Sponsor number: \_\_\_\_\_

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There is a \$400.00 charge payable to Lifeline. This covers your room and board, in country transportation, good meals, and Culligan water, and a Lifeline Shirt.

\$100.00 (for deposit) is due when you send these forms back. The trip balance of \$300.00 must be paid 30-days in advance of your trip.

Deposit included    Yes     No     Amount enclosed:

Signature: \_\_\_\_\_    Date: \_\_\_\_\_

# CHILDREN'S INTERNATIONAL LIFELINE

## Release Form

194 Sunset Dr., Clay City, KY 40312

606-663-3459; fax: 606-663-2175

E-mail: lifelinemb@bellsouth.net; www.childrenslifeline.com

The undersigned, being an adult (being the parent or parents of \_\_\_\_\_) who has volunteered to undertake missionary work with Children's International Lifeline, Inc. at their facility in Haiti, acknowledges that it is understood and agreed to the following: Prior to undertaking this mission information has been provided that Haiti has been an area in which there has been social, political, and civil unrest which could carry with it the danger for physical harm, and against which Children's International Lifeline, Inc. has no established means of offering protection or safeguards. In addition it is understood that I or the minor who I represent may participate in certain work in the construction of mission facilities or other tasks and while it is understood the intent of Children's International Lifeline, Inc. and its officers and directors would exercise care in the management of such projects, there is an understanding that a participant may in carrying out work projects or from the possible dangerous nature of the area suffer injury or harm. In consideration of myself, my spouse, or my child being allowed to participate in this mission and being aware of the possible perils of the mission, and that there are no formal safeguards, or other protective methods supplied or furnished by Children's International Lifeline, Inc., I nevertheless agree for myself, or as a spouse, or for the minor whose parent I am, no guarantees can be made concerning the safety of anyone participating in this mission, and further that I will hold Children's International Lifeline, Inc., and it's directors or representatives harmless from any claims which might arise from or out of my participation in this project including my traveling to and from the project or any participation in the mission.

Dated this \_\_\_\_\_ day of \_\_\_\_\_

\_\_\_\_\_  
Participant

Witnessed:

\_\_\_\_\_  
Spouse of Participant

\_\_\_\_\_

\_\_\_\_\_  
Parent

\_\_\_\_\_

\_\_\_\_\_  
Parent

*This form must be returned with in 30-days of your trip*

## Mission Lifeline Guidelines

We at Lifeline are delighted that you will be sharing some time with us in the mission field in Haiti.

We make every attempt to make your trip accident and incident free. Therefore, we have listed some rules that you **MUST** follow. The rules are simple and are implemented for your safety. Remember, you will be in a foreign country.

### WHILE IN HAITI . . .

1. **Please do not give out anything in any canteen site or mission property without clearing it with the mission director.** We have a policy to not pass out candy when we are in the village. We do sometimes give treats at organized events, but hardly ever to a select few, as it causes jealousy and greed. We have spent concentrated effort to stop the begging from the children for money and candy in the village. It has been a long process, but we have made great strides. We have established contacts and ways of discreetly passing out clothing and supplies as we receive them, BUT never in a public fashion. Only the love boxes and our canteens are public forums.
2. **NEVER** give your address or phone number to ANYONE (if you do you will start receiving collect phone calls at your home).
3. **NEVER** promise or give a hint of a promise to anyone that you are not prepared to back up immediately. We, on the field will be the ones to pick up the pieces if you fail to follow through on your word.
4. Please take a partner and inform the mission director before you go into the village.
5. Always ask the permission of the one being photographed before taking a photo. Women prefer to have their hair done and a nice dress on first. Kids generally don't care at all, and may even hound you to take their photo. We never pay for photos. Please understand there will be some people who are offended even at the idea you want to take their photo. Don't take it personally.
6. Tops or dresses that show your undergarments and muscle shirts are never appropriate in the villages. Men please keep your shirt on at all times. You represent the Christian foreign world, and while you may personally not agree with standards set by the National church in Haiti, we do ask that you respect it while there.

After reading the above information, please sign the bottom portion of this page and return it with the rest of the forms provided, to Children's International Lifeline, 194 Sunset Drive, Clay City, KY 40312. If you should have any questions about what you have just read please contact the office at 606-663-3459.

You must return this signed form to the Lifeline office in order to make the trip.

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I have read, understood, and will abide by the guidelines that the Children's International Lifeline has set forth.

Signed \_\_\_\_\_

Dated \_\_\_\_\_

*This form must be returned with in 30-days of your trip*

# Follow Up Survey

Dear Team member,

We are continually working on the short-term mission team trips to make them the best experience for everyone involved. We would appreciate it very much if you would please fill out this short survey after you return from your trip and drop it in the mail. You do not need to put your name on this unless you want to. We are doing this so that we can have the best mission that is possible.

Thank you,  
Lifeline Staff

1. How did you hear about Lifeline’s Short Term Mission Trips?

Newsletter  Friend  Website  Representative \_\_\_\_\_

Other \_\_\_\_\_

The following questions will be ranked on a scale of 1 to 10. 1 being the worst and 10 the best.

- 2. \_\_\_\_\_ The process of paperwork and plane tickets
- 3. \_\_\_\_\_ The airport experience in Haiti
- 4. \_\_\_\_\_ The food at the mission house
- 5. \_\_\_\_\_ The rooms at the mission house
- 6. \_\_\_\_\_ The activities while staying at the mission
- 7. \_\_\_\_\_ The schedule that you had while at the mission
- 8. \_\_\_\_\_ The way that you were treated by the missionaries
- 9. \_\_\_\_\_ The spirituality of the mission trip
- 10. \_\_\_\_\_ The effectiveness of the team booklet
- 11. \_\_\_\_\_ Would you recommend a Lifeline trip to others?
- 12. \_\_\_\_\_ Would you consider another trip to Lifeline in Haiti?
- 13. If yes, why, If no why not, \_\_\_\_\_

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Would you like to make some comments, criticisms, or suggestions that would help us:

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We want to thank you again for going on this great adventure with us to Haiti.

We appreciate you taking the time to fill out this form and letting us know how we are doing and helping us improve the way we do things. We truly want to be pleasing unto the Lord in every way.

May God bless you,  
Lifeline Direction

Mail this Survey to:  
Children’s Int’l. Lifeline  
194 Sunset Dr.  
Clay City, KY 40312

## *Planning and Cost of Trip*

### **PASSPORT**

You will need a passport if you do not have one already. This can be obtained from a U.S. courthouse or post office. However, not all post offices accept passport applications. There is a fee for the passport. To apply for a passport, you will need to complete the application form (obtained from most post offices) and you must then present:

1. Proof of US citizenship (birth certificate or previous passport)
2. Two photographs (must be recent within the past 6-months, 2x2 inches and in either color or black/white.)
3. Proof of identity (previous passport or valid driver's license)
4. Social security number
5. Passport fee

### **AIRLINE TICKET**

You have the liberty of purchasing and scheduling your own ticket or we can do that for you.

NOTE: All team members must arrive in Port-au-Prince on the same flight so that someone from the mission will be there to pick you up.

Ticket rates change on a daily basis. The average ticket price to Haiti ranges from \$400 to \$700 round trip depending on your location and the time of the year.

### **MISSION FEE**

The mission fee, which is payable to Lifeline is \$400. This fee covers your room and board, culligan water, food, and in-country transportation, short-term mission travel insurance, a day at the beach, and an Embroidered Lifeline Shirt. \$100 deposit is required at the time of sign up. The balance of \$300 is due 30 days prior to travel.

### **SPENDING MONEY**

The amount of spending money you travel with is up to you. We will make every effort to set aside time on your trip for sight seeing and souvenir purchases. Usually \$200 is plenty, and you may want to purchase soft drinks or other snacks. Your spending money should be in \$1, \$5 or \$10 bills.

You may want to have some Haitian money, but it is not necessary. Don't exchange all your U.S. money, as Haitians want American money. The basic unit of Haitian money is the gourde. Denominations come in one gourde and up. To convert Haitian money to U.S. value, divide by forty. Our missionaries will be able to exchange your money for you and give you good advice.

### **GROUP LEADER**

If you are traveling with a group of people, please designate a group leader. This person will be our contact person and will be responsible for referring any information to the entire group.

## *Medical & Age Requirements*

### **MEDICAL REQUIREMENTS**

There are no medical requirements to enter the country. If you choose, you can take medication to prevent malaria. It must be started before you leave the United States and be continued after your return. If you choose, you can take injections in the States to prevent hepatitis; they are expensive. Few, if any, visitors take these precautions. It is a good idea to have a tetanus booster if you are overdue. Please seek the advice of your physician and make your own decision.

### **MEDICATION**

If you are on a prescription medication during your trip, please inform your team leader. Medications should be in usual prescription containers with prescription number, your name, name of your physician, and name of medication. Pills in an unlabeled container could be confiscated at customs.

### **AGE**

We ask that the person traveling be at least 15 years of age. Persons under the age of 15 must be accompanied by his or her parent.

## *Packing*

When packing, remember that Haiti is very warm most of the time, so think cool. Choose clothing that is comfortable, loose fitting, lightweight and washable. You will need to pack one nice outfit for church. Make sure that you pack a pair of comfortable walking shoes.

You will want to bring sunscreen and a hat. Long sleeves may be necessary if you are sensitive to the sun.

Swimwear will be necessary if you plan on swimming. Please be modest when deciding on what swimsuit to pack. We would offend many with some of the suits worn in the states. It is recommended to wear some sort of footwear to avoid stepping on sea urchins.

### **DRESS CODE**

While visiting in Haiti, visitors are expected to adhere to the Haitian dress and conduct code. While you may not personally agree with the standards set by the Haitian culture, we ask that you respect it while there.

#### Women

The following clothing is not acceptable when in the villages: braless tops, halters, tube tops, tank tops, anything that shows your underclothing.

#### Men

Muscle shirts are not acceptable in the villages. Be careful about the pictures and writing on T-shirts and hats. Shirts need to be worn at all times in the village.

### **MEDICATION**

Please refer to “Medical and Age Requirement” page for this information.

### **SPECIAL ITEMS TO PACK**

- Camera and film
- Flashlight and batteries
- Sunscreen
- Bug spray for your room and body (must be in pump or lotion form, pressurized cans are prohibited on the airplanes.)
- 1-liter drink bottle for water on the site
- Handwipes or antibacterial gel
- Bars of soap
- Journal
- Snacks for you and your team

If you wish to bring gifts for the Haitians, please notify us first. The mission director will decide an appropriate time for gifts to be given to the Haitians.

**WARNING!**

# Travel Advisory

With today's new security regulations for the flying public, we all must be more careful of how we conduct ourselves at airports and on the aircraft.

Since September 11th, we have been on dozens of airplanes with no problem at all but there are certain things that you can and cannot do.

Be at your departing airport at least two hours prior to take-off.

Do not take photos with your camera in the airport, near immigrations or customs areas.

Never joke about or mention the words: knives, guns, bombs, terrorists or such things. If you do, you will be pulled out of line and possibly arrested. Once on the plane do not use these words. Everything is taken seriously. NO JOKES.

Do not carry on your person or in your carry-on luggage any of the following: pocketknife, nail file or clippers, knitting needles, or anything that is sharp and could be classified as a weapon. If you do, it will be confiscated and you will not get it back.

When you do pass through security, place your carry-on luggage on the x-ray belt. Empty your pockets of any metal items: keys, coins, foil wrapped candy, wallet, etc. and place them in the provided plastic trays. Then place your jacket on the belt.

Walk through the metal detector. If the alarm sounds, they will do a body scan to see what tripped the alarm (such as watches, metal glasses, coins, some shoes will do this). Follow the instructions of the people in charge. No joking at all.

After you clear, claim your other items on the belt and let them open and inspect your carry-on bag if they request. Once you are cleared, proceed to your departure gate.

When they load the plane you will once more have to show a photo ID, passport or driver's license.

Once you are inside the secure area even when you exit at another airport, you will most likely not have to go through security again.

## *Arrival in Haiti*

While en-route from Miami to Port-au-Prince, Haiti, you will be given two forms to fill out. Please keep these forms with you. You will need to show it several times at the airport once you are off the plane. Please see the information included on the next page. It will give you a guide on how to fill out the forms - just change personal information as needed.

### **IMMIGRATION**

Arriving in Port-au-Prince, your first stop will be immigration. Here they will need your passport and the forms that you filled out on the plane. The officer will stamp your passport and the form. They will give you some forms back. **BE SURE TO SAVE THE SMALL GREEN OR BLUE FORM. YOU WILL NEED IT TO EXIT THE COUNTRY.**

### **BAGGAGE CLAIM**

Your next stop will be baggage claim. Baggage carts will be available for \$1.00 U.S. if you need one. Many bags look a like (it may help to tie a colored ribbon or do something to your bag so you will be able to find it easily). On the chance that your bag is lost, go to the American Airlines baggage desk on the far wall and fill out a claim form. Without this form, your bag may never be located. Have your baggage claim checks handy, as these will be collected just before customs check.

### **CUSTOMS**

Once your bags are collected, move up to the customs inspector as a group. Be prepared for a wait. You received a white, duty form that should be filled out on the plane. When filling out the form, write "0" in all applicable places, since you will have nothing to declare, and sign your name. **DO NOT** mention personal medication on the form - this does not apply. Give this form to appropriate customs agent. After you are through customs head out the door to the outside as a group.

The missionaries will be outside waiting on you. Now you can wheel your cart across the paved lot to the exit gate. You will see many people there on the outside. Our mission director is not allowed to come in and help you. However, if you need help inside or outside the baggage room, you can have a person wearing a Red Cap help you.

Once outside, our mission director will be waiting for you. Look for someone holding a Lifeline sign. Many hands on the outside (not our people) will try to grab your bag to help you, but just say **NO!** (in a strong tone). They will want to get paid. It is best if you can carry your own luggage. The Lifeline mission director will be there, and he will now be able to help you. If he needs help, let him get it and pay the Red Cap.

You will be escorted to our truck. There will be a lot of noise and confusion and people everywhere. Just follow your leader and hold on to your purse or wallet and carry-on bag.

Once you are in our vehicle, **count your bags**. The team leader must account for all team members and luggage.

## *Information To Help You Fill Out Forms On the Plane*

Given Name: this is your first name

Family Name: your last name

Haiti address

Street: 1000 La Digue Matheux

City: Arcahaie

Country: Haiti

Haiti Phone:

36492260

Purpose for your visit: Missions

Have your passport out because you will need your passport number and where it was issued.

## *Facts About The Lifeline Mission*

While staying at the Lifeline compound, Lifeline's mission director will take good care of you, but you must remember that you are in a foreign country whose rules are different, so pay very close attention to him.

You are required to read the Mission Guidelines before you leave on your trip. There is a signed statement that you will need to sign and send back along with the other forms and deposit money.

**Lifeline is a non-smoking and non-drinking establishment. Please observe these simple rules.**

### **FOOD**

Meal times will be discussed and times posted daily. All fruits and vegetables will be cleaned and disinfected for your enjoyment. You may eat them without worry. **DO NOT DRINK WATER FROM THE TAPS.** Culligan water will be provided for you. **DO NOT EAT THE STREET FOOD.** Always question a fruit or treat someone may give to you. If we have arranged for it, it will be safe to eat. You may eat canteen food if you'd like - it is safe for your consumption. We only need to let the directors know how many people to add for the day. **DRINK PLENTY OF WATER EVERY DAY!** If you wish to pack a snack or treat for your team, please feel free to do so.

### **DRESS CODE**

Please refer to the "Packing" page.

### **FREE TIME**

The day or days for sightseeing and shopping will be determined once you are in Haiti.

### **WORK AND PROJECT SCHEDULE**

The work schedule will vary from team to team. Various types of projects you might be asked to help with are: construction work, general help, maintenance, painting, passing out love boxes, update child cards, child evangelism, medical work, etc. Be prepared for anything!

## *Haiti's Background*

Haiti's population is over 7,000,000. 50% of all children die before they reach the age of 15. 50% of the people cannot read and write. An estimated 65 percent of the population lives in poverty; in rural areas that number is about 80 percent. These people, many of whom farm small plots of poor mountain land, are often malnourished. Infant mortality is 74 per 1,000 births, life expectancy at birth is only 52 years, and the incidence of diseases ranging from intestinal parasites to (AIDS) is extremely high. Only about 46 percent of the population has access to safe drinking water, and only 28 percent has access to sanitary sewer systems. A limited elite of about 10 percent, mostly professionals, enjoys a sophisticated, affluent lifestyle. This elite class has traditionally resisted all attempts to restructure the Haitian social system. The majority of Haitians live in poverty with little education, few opportunities for employment, and limited political influence.

Haiti's economy has been shrinking since the early 1980s while the population has continued to grow. In 2002 Haiti's per capita gross domestic product was \$410. This placed Haiti among the world's poorest nations. Agriculture employs 51 percent of the labor force; manufacturing, services, and tourism are the next largest employers. Formal unemployment affects about 50 percent of the labor force. It is estimated unemployment combined with underemployment affect about 85 percent of the labor force.

Most of Haiti's farmers work subsistence plots of land that produce small amounts of cash crops. Soil erosion and overworked land are major agricultural problems, while hurricanes and drought have also taken their toll. Coffee, sugarcane, sisal, and fruit are the major commercial crops, while beans, rice, corn, and sorghum are the main food crops. Coffee is the major agricultural export. Chickens are the most common livestock, but cattle, goats, and pigs are also raised.

Only 3.2 percent of Haiti is forested. The rate of energy consumption in Haiti is among the lowest in the world. Poor Haitians use charcoal to supply energy for home use.

Industrial wages of less than \$2 per day are the lowest in the Caribbean. There is only one physician for every 15,064 inhabitants, and medical facilities are poor. Malaria, dengue, intestinal parasites, yaws, AIDS, and other infectious diseases are common. Nearly 80 percent and nearly two-thirds of the population is malnourished.

Haiti's average income is the lowest in the Western Hemisphere. The lack of unemployment opportunities remains one of the most critical problems facing the economy along with soil erosion and political instability. There is a shortage of skilled labor and an abundance of unskilled. Haiti's finances rely mostly on overseas aid.

French is one of the two official languages, but only spoken by about 10% of the people. All Haitians speak Creole, the other official language.

Haitians place a high value on education, however most families cannot afford to send their children to school. Only 63% of those enrolled will complete primary school. On average it takes 16 years to produce a single graduate of the six year cycle.

## *Basic Haitian Word List*

It is fun to learn something new. Many Creole words are easy to learn. Below you will find several words along with the English translation. Get together with other team members and have some fun.

### **COURTESY**

hello (a.m.)...	bonjou
hello (p.m.)...	bonswa
goodbye...	orevwa, babay
please...	souple
thank you...	mesi
you're welcome..	padikwa
excuse me...	eskize-m, padon

### **CONVERSATIONAL SENTENCES**

How are you?.....	Kouman ou ye?
What is your name?...	Konman ou rele?
My name is _____.	Mwen rele _____.
How old are you?...	Ki laj ou Gen?
I am fine....	Mw en bien
How much is that?...	Konbien sa?
I don't understand...	Mwen pa konprann
Where do you live...	Kote ou rele
Do you know Jesus?...	Eske ou konne Jezu
Jesus loves you...	Jezu renmen ou.
I will pray for you...	Ma prie pou ou
God bless you...	Bon-Die beni ou
Praise the Lord...	Beni swa léternel
How do you say _____?...	Douman ou di _____?

## *Emergency Situations*

### en-route to Haiti

#### **What to do if you miss one of your connecting flights in the U.S. and are not able to join your assigned team for the flight from Miami to Port-au-Prince, Haiti....**

Try to call the Lifeline Office.

Donald Curtis' numbers are (606)663-3459 or Cell (859)707-7946

Arnold Lemkes' numbers are (269)695-2300 or Home (269)695-9000

*(Call anytime day or night)*

*You will be told to proceed on the next plane available to Port-au-Prince. The Lifeline office will make arrangements to have you picked up at the airport.*

#### **What to do if you arrive in Port-au-Prince and no one shows up to get you...**

Please wait at least 2 hours. Traffic problems, car trouble, etc. can cause this much delay. If 2 hours pass and no one has shown up, you have a couple of options. Many cab drivers can speak English. Find one and AGREE on a price before you get in the cab. This should cost you no more than \$10 U.S. Have him take you to VISA LODGE which is about 15 minutes from the airport. A nice room at the Visa Lodge is about \$85 U.S plus meals.

OR

Have the cab driver take you to the C.S.I. guest house which is approximately 45 minutes from the airport (these are friends of ours) just off of Delmas. The rate at the guest house is \$30 U.S. for room and meals.

**DIRECTIONS:** Go up Delmas to Delmas 62 just past the Old Eagle Market. Go down Delmas 62 to the first street to the left, which is Mesmin. Go to #5, which is the big blue gate on the left. Ask for Greg or Kathie Benson or anyone else at the house. They will take care of you.

Mission telephone number:

Mission House: 36492260

CSI Guest House, Greg Benson

256-7849

*(if you are calling from the States to Haiti you need to dial 011-509 then the #)*

**NOTE:** *PLEASE MAKE SURE YOU TAKE THIS SHEET WITH YOU ON YOUR TRIP TO HAITI.*